MINIATURE AND QUICK GROWING VEGETABLES FOR WINDOWSILL GARDENING

Also handy tips on making it as cheap as possible to grow.

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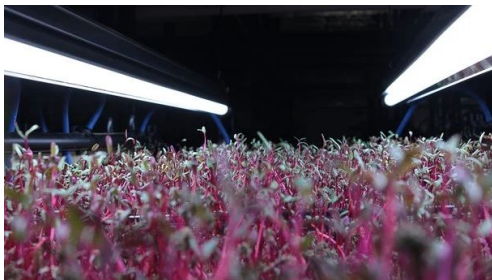

If you want a windowsill garden or you need a list of veggies that will grow fast and compact in tubs, here's a list.

Leafy greens-

when choosing a pot for growing leafy greens, the most important part is to make sure it's wide enough instead of focusing on depth.

- loose leaf lettuce
- Spinach
- Mizuna
- Mustard
- Rocket

You can buy seed packet mixes such as 'hot and spicy' for your mustard, rocket, and mizuna all in one to sow together in the same pot for a price of £2- £3. Or 'stir fry mixes' for plants such as kale, cabbage and mustard for harvest at seedling stage.

- Microgreens - These need a wide but shallow tray to grow them. They're a mix of seeds harvested at a week or two old. For a super concentrated nutrient boost try growing these.

- Sprouting seeds - a soiless way to grow your greens.

ROOT VEGETABLES INDOORS.

Tip- remember spacing for root veggies like radish, while they can tolerate growing in small spaces they won't develop a good sized root to eat.

- Radish - these can tolerate small space, but still make sure to not overcrowd them- as they wont develop a large bulb.Radishes can be sown into a windowsill planter or a 1-2 l pot. Good varieties will be cherry belle and similar, as they are small and compact roots.
- Spring onions .
- Peas- If you're growing peas then a good sized container that is sturdy so it doesn't topple with supports. Choose a dwarf variety so it's manageable and quicker growing.

Tomatoes, peppers and chilli !

These all have long growing seasons, needing to be sown in January-March and harvest begins from July onwards. They also need relatively large pots for growth to give a good harvest. If you have a sunny-bright, warm windowsill then you can grow these.

Check the grow guides for details on growing these.

If you're wondering how to sow leafy greens and are working on a budget -here is a video for sowing them.

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