BROAD BEANS, HOW TO HARVEST

Carden Ede

project

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Harvesting takes about three and a half months from sowing. For the ones in the picture they were sown in March and harvested in the middle of June with some

still maturing - they mature from the bottom up, mid-June is standard for the beginning of harvest season for broad beans.

You can harvest the broad beans when they are young - a little bit smaller than in the picture, as these can be used whole. If they're larger then the beans will begin to fill out the pod and you will see the

indentations of the beans on the outer pod.

A way to tell if they're ripe and ready to eat is by checking the scar on the edge of each bean. These should be green or white like in the picture if it's black it's gonna be tough and chewy.



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